

# Effie Yeaw Nature Center

## November 2009 Events

Interactive Exhibit: Bountiful Harvest – An Exploration of Maidu Culture

Most programs are FREE but **donations are most welcome.**

Park entrance fee: \$5.00 per car.

**FREE to ARNHA members.**

### Gifts from the Earth

Explore the ways Maidu Indians used plants for food, medicine, clothing and shelter. Join a naturalist for a guided tour the village and Nature Area to see some of these plants growing in their natural habitat.

**Saturday the 7<sup>th</sup> at 10:30AM**

### Autumn Birding

Discover why autumn is a great time of the year for bird watching. Join a naturalist for a guided walk to welcome back some feathered travelers. Bring your binoculars!

**Sunday the 8<sup>th</sup> at 10:30AM**

### River Nature Stroll

Meet Jack at the old Fair Oaks Bridge on the north side of the river.

**Friday the 13<sup>th</sup> at 8AM – 12 Noon**

### Habitat Improvement

Come and help Jack improve the Nature Area. Call Jack at 967-0777 if you can help with this project.

**Sunday the 15<sup>th</sup> at 8:00AM**

---

### **Help support Nature Center programs by joining the American River Natural History Association (ARNHA)**

ARNHA, a nonprofit organization since 1981, supports educational and interpretive activities in the American River Parkway in cooperation with the Effie Yeaw Nature Center. It provides critical fundraising, volunteer and advisory support for the Nature Center's mission to introduce thousands of school children each year to the beauty and diversity of the Parkway. Here visitors of all ages learn the importance of conserving and protecting our most precious natural resource. Due to County budget cuts, the Nature Center needs your help more than ever. **Join ARNHA** at the Nature Center or at [www.arnha.org](http://www.arnha.org). Check out the member benefits!

### EYNC Nature Walk

Meet wildlife expert Jack Hiehle in the parking lot at the Nature Center (in Ancil Hoffman Park) and take a guided walk through the Nature Area.

**Tuesday the 17<sup>th</sup> at 8:00AM**

### It's the Season for the Salmon

Come learn about the challenges facing the amazing Chinook that travel thousands of miles in a cycle that has continued through millennia. Take a stroll to the American River with a naturalist to catch a glimpse of the migrating salmon. You may see some that remain in the riffles here to spawn.

**Saturday the 21<sup>st</sup> at 10:30AM**

### Great Gobblers

Beards, wattles and snoods--what strange things to find on a bird! Look and listen for wild turkeys as you explore their world on this guided walk through the Nature Area.

**Sunday the 22<sup>nd</sup> at 10:30AM**

### Decorative Holiday Crafting for Families

Join Auntie Libby and make some cute and clever items for holiday gifts or decorations. Help the earth by using some recycled materials. Suited for ages 5 through adult. \$6/person includes materials, pre-registration required.

**Monday the 23<sup>rd</sup> at 10:30AM – 12Noon**

### MORE Decorative Holiday Crafting for Families

Join Auntie Libby and make some cute and clever items for holiday gifts or decorations. Help the earth by using some recycled materials. Suited for ages 5 through adult. \$6/person includes materials, pre-registration required.

**Tuesday the 24<sup>th</sup> at 10:30AM – 12Noon**

**CLOSED ON THANKSGIVING DAY**

*The Nature Center is located in Ancil Hoffman County Park 2850 San Lorenzo Way, Carmichael, CA (916) 489-4918/ 711 TDD/TTY*