



County of Sacramento
 Department of Regional Parks
Therapeutic Recreation Services
 916.381.0255 FAX: 916.381.0209 TTY through CRS 800.735.2929
TRS@SacCounty.net www.sacparks.net



Volunteer Application

(Information on this form will be kept confidential)

Please Print or Type

Date _____

Name _____ Male _____ Female _____

Address _____ City _____ ZIP _____

Day Phone # () _____ Eve. Phone # () _____

Emergency Contact _____ Relationship _____

Phone # () _____ Fax # () _____

Email _____ Mobile # _____

List name and phone numbers of two personal references:

Name _____ Phone # () _____

Name _____ Phone # () _____

Certifications or Licenses (circle all that are current):

CPR EMT First Aid MD WSI RTC Life guarding CTRS CNA other LVN RN

Driver's License # _____ Class A B C Social Security # _____

Availability: daily _____ weekly _____ monthly _____ occasionally _____
 Days Available: Sun _____ Mon _____ Tues _____ Wed _____ Thurs _____ Fri _____ Sat _____
 Hrs. Available: _____

For volunteers 17 years +: I hereby certify that I have never been arrested for or convicted of any felony or misdemeanor involving physical abuse of any adult or child, or any other felony offense. I authorize the County of Sacramento, Department of Regional Parks to obtain my criminal record, and understand that the fact that I am applying to volunteer will be reported to law enforcement agencies.

 Signature of Volunteer Date Signature of Parent/Guardian Date
 (if volunteer is under 18 years old)

Hold Harmless Agreement

I agree to hold the County of Sacramento, their officers, employees, and organizations co-sponsoring programs or activities, from and against any and all liability arising out of or in any way connected with the volunteer program. I realize the County of Sacramento does not provide workers' compensation.

 Signature of Volunteer Date Signature of Parent/Guardian Date
 (If volunteer is under 18 years old)

How were you originally referred to our organization?

CSUS Recreation & Leisure Studies Sacramento County Volunteer Services
Newspaper Flyer Other _____

To help determine where your services as a volunteer can best be utilized, please indicate your areas of interest and/or expertise.

Recreation & Leisure Interests

_____ **Camping**

_____ **Special Events**

- ___ dances
- ___ holiday/theme parties
- ___ picnics/barbecues
- ___ fish derby

_____ **Arts & Crafts**

- ___ ceramics
 - ___ weaving
 - ___ drawing/painting
 - ___ holiday crafts
 - ___ sewing/quilting
 - ___ nature crafts
 - ___ other
- _____
- _____

_____ **Sports/Fitness**

- ___ aquatics
- ___ softball
- ___ basketball
- ___ volleyball
- ___ aerobics

_____ **Travel**

- ___ amusement parks
- ___ casino trips
- ___ Pacific coast
- ___ snow
- ___ professional sports
- ___ misc. day trips
- ___ overnight trips

Independent Living

- ___ cooking
- ___ fashion
- ___ leisure education
- ___ reading/writing
- ___ shopping
- ___ money skills
- ___ mobility training
(bus/light rail)

_____ **Gardening**

- ___ indoor
- ___ outdoor

_____ **Fund Raisers**

- ___ Eppie's Great Race®
- ___ Land Shark Run
- ___ other fun runs

_____ **Games**

- ___ table tennis
- ___ card games
- ___ board games

Performing Arts

- ___ music
- ___ dance
- ___ drama

Vocational Training

- ___ food/beverage
- ___ sales
- ___ preparation
- ___ maintenance/janitorial
- ___ Office tasks - filing,
mailings, phones, etc.

Behind-the-Scenes: ___ art work ___ calligraphy ___ decorations ___ publicity
___ mailings ___ marketing ___ desktop publishing ___ computer data entry
___ telephoning ___ organizing ___ grant writing ___ misc. office work

Languages other than English _____ Sign Language?

Degrees/Special Training _____

Occupation (if student, list school/grade level) _____

Special Talents you would like to share _____

Previous Experience with people with special needs _____

Additional Information _____
